



## Health Resources for Teens and Adults Who Want to Help Them!

Compiled by Chris Amidon BSN, RN, NCSN

### Web Resources

- Advocates for Youth <http://www.advocatesforyouth.org/>
- American Academy of Pediatrics position papers  
<http://pediatrics.aappublications.org/search?fulltext=teens&submit=yes&x=0&y=0>
- American Social Health Association Teen Q&A site <http://www.iwannaknow.org/teens/index.html>
- CDC Adolescent & School Health <http://www.cdc.gov/healthyyouth/>
- CDC Winnable Battles: Teen Pregnancy <http://www.cdc.gov/WinnableBattles/TeenPregnancy/index.html>
- CDC HIV/AIDS <http://www.cdc.gov/hiv/topics/basic/index.htm>
- CDC High School Health Lesson Plans  
[http://www.cdc.gov/excite/ScienceAmbassador/ambassador\\_pgm/lessonplans\\_highschool.htm](http://www.cdc.gov/excite/ScienceAmbassador/ambassador_pgm/lessonplans_highschool.htm)
- CDC National Prevention Information Network <http://www.cdcnpi.org/scripts/std/index.asp>
- County Health Rankings-Robert Wood Johnson Foundation  
<http://www.countyhealthrankings.org/app/indiana/2013/montgomery/county/outcomes/overall/snapshot/by-rank>
- ETR Health Promotion <http://pub.etr.org/default.aspx> (scientifically accurate health brochures, curricula, etc.)
- FoSE-Future of Sex Education <http://www.futureofsexed.org/>
- GLSEN (Gay/Lesbian Student Education Network) <http://www.glsen.org/>
- Guttmacher Institute <http://www.guttmacher.org/>
- Healthy Teen Network <http://www.healthyteenetwork.org/>
- Immunization Action Coalition <http://www.immunize.org/>
- Mayo Clinic <http://www.mayoclinic.com/>
- National Association of School Nurses position papers  
<http://www.nasn.org/PolicyAdvocacy/PositionPapersandReports>
- National Campaign to Prevent Teen and Unplanned Pregnancy <http://www.thenationalcampaign.org/>
  - Teen site: [www.stayteen.org](http://www.stayteen.org)
- National School Boards Association School Health <http://www.nsba.org/Board-Leadership/SchoolHealth>
- Planned Parenthood <http://www.plannedparenthood.org/>
- Respect Institute <http://therespectinstitute.org/>
- Safe Schools Coalition <http://www.safeschoolscoalition.org/index.html>
- Scarleteen-site for teens and young adults <http://www.scarleteen.com/>
- SIECUS Sexuality Information & Education Council of the U.S. <http://www.siecus.org/>
- Smart Moves, Smart Choices Prescription Drug Education <http://www.smartmovesmartchoices.org/>

## Books

- Lessons for Lifeguards: Working with Teens When the Topic is Hope, Dr. Michael Carrera, Donkey Press, 1996
- When Sex Goes to School, Kristin Luker, W.W. Norton & Company, 2006
- Preventing Teen Pregnancy: Youth Development & After-School Programs, Douglas Kirby et al, ETR Associates/YWCA Press, 2003
- School Health Policy & Practice, American Academy of Pediatrics, AAP Press, 2004
- The Secret Lives of Teen Girls: What Your Mother Wouldn't Talk About But Your Daughter Needs to Know, Evelyn Resh CNM, Hay House Inc., 2007
- Raising a Child Responsibly in a Sexually Permissive World, Sol Gordon PhD & Judith Gordon MSW, Adams Media Corporation, 2000
- School Nursing: A Comprehensive Text, Janice Selekmán, F.A. Davis Publishers, 2012
- The Underground Guide to Teenage Sexuality, Michael J. Basso, Fairview Press, 2003
- The Advocacy Manual for Sexuality, Education, Health & Justice edited by Sarah Gibbs, Unitarian Universalist Association, 1999
- The Body Scoop for Girls, Dr. Jennifer Ashton, Avery/Penguin Group, 2009
- Our Bodies, Ourselves, The Boston Women's Health Book Collective, Simon & Schuster, 2005
- The Real Truth About Teens & Sex, Sabrina Weil, Berkley/Penguin Group, 2005
- S.E.X.-The All-You-Need-To-Know Progressive Sexuality Guide to Get You Through High School & College, Heather Corinna, DeCapo Press, 2007
- The Body Project: An Intimate History of American Girls, Joan Jacobs Brumberg, Vintage Books/Random House, 1997
- School Girls: Young Women, Self-Esteem, and the Confidence Gap, Peggy Orenstein/American Association of University Women, Anchor Books/Doubleday, 1995
- Reviving Ophelia: Saving the Selves of Adolescent Girls, Mary Pipher, PhD, Ballantine Books, 1994
- Ophelia Speaks, Sara Shandler, Harper-Collins, 1999
- Ophelia's Mom, Nina Shandler, Crown/Random House, 2001

## Other Publications

- ***One in Three: The Case for Wanted and Welcomed Pregnancy***, The National Campaign to Prevent Teen Pregnancy, May 2007
- ***Kiss and Tell: What Teens Say about Love, Trust, and Other Relationship Stuff***, The National Campaign
- ***National Sexuality Education Standards: Core Content & Skills, K-12***, The Journal of School Health, 2012